

Newsletter

February 2019

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New services, knitters still needed and pictures from our Chair's visit to Queen Mary's in this month's edition

Progress

Andy Trotter, Chair of Oxleas visited the estates and facilities department and took the opportunity to visit the second floor refurbishment works. For those of you that are not aware, we are currently refurbishing three quarters of the floor which will be the new home of our hospital dentistry and ophthalmology departments. It has been designed to mirror the style of the phase 1 works recently completed. Andy was able to see how far the works had advanced since his last visit; the walls are now up, so the layout of the departments can be clearly seen and the mechanical and electrical services that serve the area are being installed. The work is currently on target and is due to finish in late summer 2019.

The Queen Mary's estates department understands that this work does cause disruption to the rest of the hospital and appreciates everybody's co-operation during this time.



Meadow View

Andy Trotter, Chair of Oxleas also visited Meadow View Unit on Monday 21 January where he met with Ward Manager, Sandra Hungwe and Acting Operational Lead, Stacey Jarrett. Some of the good work of the unit was discussed, in particular all the great

work with Darent Valley, King's College and Lewisham and Greenwich Hospitals in order to reduce the pressures on the acute hospitals.



This discussion was then followed by a welcomed visit around the unit where Andy spoke with some of the staff. He was then able to meet and speak with the patients who were very complimentary about the nursing staff and food.

New diabetic foot clinic

A new diabetic foot clinic is to be offered at Queen Mary's. Podiatrist, John McDonald who is leading on this new service for Guys and St Thomas' said: "We are a new service based in the Kidney Treatment Centre at Queen Mary's Hospital, Sidcup. Our team consists of podiatrists, nurses and a diabetes consultant.

We also have access to orthotists.

We see any patient, with a Bexley GP, who has diabetes and active foot disease (ulcers, red hot / swollen / painful feet)."

Patients can be referred by their GP or other health professional.

The contact number at Queen Mary's for any queries is 0208 068 0500."

ISS services to start at Queen Mary's

After an extended period of competitive dialogue with a number of potential partners, Oxleas NHS Foundation Trust has awarded ISS Facility Services a five-year contract to provide a wide range of soft facility services across all of our sites. This includes cleaning, catering, housekeeping, security and associated services.

This is the first time that the trust has been able to take the opportunity of testing the services across our whole estate. Alistair Campbell, Contracts Manager at Oxleas said: "We are excited about merging all these services into one single contract. This provides a great opportunity for innovation and I hope we will see immediate benefits."

Knitters still needed

Sunrise of Frognal is still looking for knitters to help in the quest to make blankets for the wards at Queen Mary's. Anyone who wishes to help, would need to knit squares 25 stiches x 50 rows. This is with 4mm needles and double knitting.

Sunrise holds a knit and natter group on

Friday afternoons at 2.30pm.

For more information about the knitting or the knit and natter group please call Sunrise at Frognal on 020 8302 6200 or you can leave your completed squares at the main reception at Queen Mary's marked for the attention of Denise Webb.



Cycle challenge round the M25

Looking for a new challenge now dry January is over, maybe you want to just have that kick start to exercise or get the bicycle back out? Maybe you just want to join in and have some good old fashioned fun and pedal with Galliford Try, the main contractors for the redevelopment works at Queen Mary's, whilst raising some money for the British Heart Foundation.



The challenge has been set to pedal away on exercise bikes that will be placed in the main reception area on Friday 15 March. Staff from Galliford Try will take turns in cycling and anyone can take a turn. It does not matter how much or how far you get, every turn of the pedals counts. So now is the time to start warming up and get ready to join in the fun. There will be two cycles in the reception so you will not be on your own and remember it is all for a very good cause.

Your news and questions

If you have any interesting news from Queen Mary's new or old you would like to share, views about anything within this newsletter, or any questions you would like to ask about what is happening around Queen Mary's, do get in touch. If you would like this newsletter emailed to you please do let us know.

Contact details are: denise.webb@nhs.net or you can telephone on **02039 107391**